

Dear Teulon Residents,



On behalf of the Council and employees of the Town of Teulon, I would like to take a moment to say THANK YOU and to extend the following message to our community.

The unique nature of this biological event leaves many of us with an unsettled feeling. We are all concerned about the health and well-being of our families and friends. I am so proud of our community and how the majority have supported the measures called for by the federal and provincial governments.

We are overwhelmed with information, but it is important for everyone to stay up to date. As the situation changes almost daily, we would direct you to the main sources:

Manitoba Government

(www.gov.mb.ca/health/coronavirus)

Novel Coronavirus (COVID-19) public health factsheet

- also includes information on self-monitoring.

(<https://www.gov.mb.ca/health/publichealth/factsheets/coronavirus.pdf>)

Novel-Coronavirus (COVID-19): Self Isolation public health fact sheet

(https://www.gov.mb.ca/health/publichealth/factsheets/coronavirus_selfisolation.pdf)

For those without internet access, CBC radio and our local news stations are doing a great job of keeping information up to date.

Follow the suggestions from Manitoba Health and Health Canada to use proper hand washing techniques, maintain physical distancing (6 feet/2 meters), don't gather unless absolutely necessary and only in groups of less than 10, and self-isolate if you are returning from travel or are feeling unwell.

Please take precautions and be safe – the life you save by doing so may be your own.

Support our local businesses. Recent days have been and will continue to be a challenge for the business community. We ask that people patronize local businesses, but particularly now, we encourage you to think about and support our local commercial establishments as often as you are able. Several businesses have established delivery services that are useful for those residents that are self-isolating or have difficulty getting out.

Reach out to someone who is self-isolated or unable to do things for themselves during this trying time. Call, text, facetime, and make sure those most vulnerable in our community are healthy and safe. They will appreciate it.

This has been a challenging time for your new Council, but we are developing new ways of maintaining essential services, while ensuring the safety of staff and residents. We appreciate all the support that individuals and groups are providing, the Seniors Resource Council, the Teulon & District Food Bank, emergency services and delivery services for food and prescriptions.

Working together, thinking about each other, and doing what is right for the "we" rather than the "me" will ensure we triumph over this crisis and we will.

Stay healthy, stay safe and God bless.

Mayor Anna Pazdzierski